

**Table 1***Characteristics of the Sample (N=79)*

Variable	M	SD	Range
Age	9.27	0.95	8-12
Perceived Stress	29.7	9.60	0-47.00
School Negative Life Events	2.24	1.23	0-5.00
Family Negative Life Events	5.59	3.23	0-15.00
Family Positive Life Events	0.49	0.66	0-2.00
Peer Negative Life Events	3.49	2.60	0-10.00
Personal Negative Life Events	3.94	2.13	0-9.00
Personal Positive Life Events	1.09	0.61	0-2.00
% VPA <sup>1</sup>	0.01	0.07	0-0.54
% MVPA <sup>1</sup>	0.06	0.07	0.20-0.60
% MPA <sup>1</sup>	0.05	0.02	0.02-0.13
% LPA <sup>1</sup>	0.43	0.08	0.62-0.34
% SB <sup>1</sup>	0.50	0.07	0.34-0.62
Minutes HPA <sup>2</sup>	36.03	53.61	0-360
Minutes MPA <sup>2</sup>	74.61	53.61	0-360
Minutes MHPA <sup>2</sup>	110.64	77.39	0-405
Minutes LPA <sup>2</sup>	909.36	77.39	615-1,020
Minutes SB <sup>2</sup>	144.81	121.85	0-555

Abbreviations: VPA = vigorous physical activity; MVPA = moderate to vigorous physical activity; MPA = moderate physical activity; LPA = light physical activity; HPA = high physical activity; MHPA = moderate to high physical activity; SB = sedentary behavior

<sup>1</sup>Accelerometry; <sup>2</sup>Self-report